

The only true minimally invasive hip replacement: *the direct anterior approach* is now available at York Hospital.



Many people suffering with arthritis, hip pain and stiffness can now choose a less invasive procedure when hip replacement surgery is the treatment of choice. The "Direct Anterior Approach" offers less pain, less scarring, and faster recovery to traditional total hip replacement surgery.

Orthopaedic Surgeon Akhil Sastry, MD is one of only a few orthopaedic surgeons in all of New England who are skilled in performing this less invasive hip replacement surgery, and together, with the expert surgical team at York Hospital, we offer this technique right here, in our newly expanded surgery center.

The Direct Anterior Approach replaces the hip joint without detachment of muscles or tendons, meaning significantly less pain, discomfort and recovery time for you. Patients are allowed to immediately bend their hip freely and bear full weight when comfortable, resulting in a more rapid return to normal activity.

For more information, or to find out if you are a candidate for this procedure, contact Dr. Sastry at SportsMedicine Atlantic Orthopaedics today at 207-363-3490...and be sure to have your surgery at York Hospital, where we make unbelievable experiences happen every day!



 **York Hospital**

15 Hospital Drive, York, Maine 03909 | 207-363-4321 | www.yorkhospital.com