



# Living Well Cancer Support Group

The Living Well Cancer Support Group provides emotional support and information for those coping with diagnosis, treatment and recovery from cancer. The group meets on a monthly basis in the Ellis Conference Room at York Hospital and provides a comfortable, caring environment to share your thoughts with others experiencing this life changing diagnosis.

This support group is a service of our Living Well Program - which supports cancer patients and their families through programs centering on the mind (spiritual care, relaxation, creative expression and art therapy); the body (exercise, nutrition, healthy living); and a person's well being (support groups and social services).

**For more information, please call  
207-475-1167.**

 **York Hospital**  
*Oncology & Infusion Care*

YORK · WELLS · SOUTH BERWICK · KITTERY

127 Long Sands Road, York, Maine 03909  
207-351-3777 | [www.yorkhospital.com](http://www.yorkhospital.com)

## *Class Schedule*

### **2012 SUPPORT GROUP MEETING**

**DATES:** Meetings take place the second Monday of the month from 1:00 - 2:30 PM in the ELLIS CONFERENCE ROOM at YORK HOSPITAL as follows:

- Monday, Jan 9
- Monday, Feb 13
- Monday, March 12
- Monday, April 9
- Monday, May 14
- Monday, June 11
- Monday, July 9
- Monday, August 13
- Monday, Sep 10
- Monday, Oct 8
- Monday, Nov 12
- Monday, Dec 10



**Living Well**  
*mind · body · well-being*