



# Learn to Knit Your Way through Cancer

Join our Living Well Knitting Circle inspired by cancer survivor and fellow knitter Dr. Joan Goodman Williamson.

No experience? No problem!  
We'll teach you!

Great comfort is found by many in the time-honored practices of knitting. Warmth is found in the soft textures and colors of yarn, and in the company of other women who know how you feel because they, too have experienced cancer.

If this sounds like fun, come whenever you can join us!

## *Knitting Circle Schedule*

**Tuesday and Thursday**

Drop in anytime between  
5:00pm - 8:00pm

*The Knitting Circle takes  
place at York Oncology  
127 Long Sands Road,  
in York, Maine*



**Living Well**  
*mind · body · well-being*

**York Hospital**  
*Oncology & Infusion Care*

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**207-351-3777**