

York Hospital to hold Colon Cancer Education Seminar

March is National Colon Cancer Month. To mark this event, York Hospital's Special Procedures Services Team is pleased to host an educational event on Saturday, March 21 from 9-11:00am in the Surgery Center lobby at York Hospital. The program is free and open to the public. Refreshments will be served.

Included in the event will be a physician speaker from Gastroenterology, PA who will discuss risk factors, screening tools, diagnosis and treatment options and preventative care. York Hospital Special Procedures nursing staff will be available for questions. At the end of the talk, participants are encouraged to tour the special procedures area.

Colon cancer is one of the most preventable and curable cancers yet it is the third-leading cause of cancer-related deaths in the United States in both men and women. There are very effective ways to prevent the disease through diet and a healthy lifestyle. There are also very effective screening tools that can detect precancerous polyps in the colon, which are known to become cancer if left to grow, and most major insurance companies cover the cost of screenings. Despite this knowledge, thousands of Americans are diagnosed with colon cancer each year. The American Society for Gastrointestinal Endoscopy (ASGE) guidelines recommend screening begin at age 50 for men and women at average risk who have no symptoms. Some people may need to be screened earlier if there is a family history of the disease. It's important to talk to your doctor about an appropriate screening schedule.

Come learn about colon cancer. It is not only preventable and treatable – *it is beatable!* For more information, please call York Hospital's Special Procedures office at 351-2410.