

York Hospital 5K Road & Cross Country Race

Date: Saturday, June 6, 2009

Time: 8:30am

Registration: 7am-8:15am

Place: York Hospital – Strater Wing
(enter Hospital via Hospital Drive)

Join hundreds of other runners and walkers on Saturday, June 6th at the York Hospital 5K Road and Cross Country Race. Proceeds from this year's race will benefit the Hospital's **For Every Patient Campaign** to expand and renovate the Surgery Center, privatize the patient rooms, build a new helipad and expand parking. Most importantly, these projects will ensure that York Hospital continues to provide quality care delivered with loving kindness close to home. Over the years, the York Hospital 5K Road Race has generated a tremendous amount of community support, from the lead sponsor Kennebunk Savings Bank, to the hundreds of local runners and the volunteers helping to hand out water and handle registration. The race welcomes runners and walkers to enjoy 3.1 miles of scenic York including local landmarks such as the Wiggly Bridge and Steedman Woods and offers mile markers, two water stops, professional timing and post-race refreshments. Special prizes will be awarded to the top male and female winners in each division and medals will be awarded to all crossing the finish line. Children (and parents!) are encouraged to participate, as special award categories will be offered for kids age 10 & under, ages 11-13 and ages 14-17. Pre-registration fees are \$8 (13 & under) and \$15 (14 & older), and T-shirts will be given to the first 100 registrants. Fees are \$20 for all on race day. Registration begins at 7:00 am on Saturday at the Hospital, and the race begins promptly at 8:30 am, rain or shine. For registration visit our website at www.yorkhospital5k.com; email fr@yorkhospital.com or call York Hospital's Fundraising office at 207-351-2385.