

York Hospital Community Health Needs Assessment (CHNA) 2021-2024 Implementation Plan Progress Report

Priority Health Issue: Mental Health

Increase access to mental health services and supports in Southern York County.			
Strategy	Activities	Progress Notes	Completed/On Hold/In Progress
Advocate for more mental health services and options for inpatient treatment.	Convene providers and hospitals to advocate at state level.	YH CEO advocates as part of Maine Hospital Association and Medical Director is part of Behavioral health workgroup through the Maine Dept of Health and Human Services	In progress
Increase access to mental health services and improve collaboration, especially helping youth and young adults.	Convene Sweetser, NAMI Maine and local Behavioral Health Specialists to assess and share resources.	Choose To Be Healthy Coalition (CTBH) held 4 Regional School Counselor meetings and provided mental health resources, training and peer to peer assistance	Completed for 2021, 2022, 2023 school years
	Monthly Mental Health First Aid and Leadership trainings provided to YH	New HR Team	Completed

Build capacity of YH providers to provide support for each other and their patients.	staff on supporting good mental health.		
	Assessment and look at new strategic plan for new strategies		In progress
Build capacity of families and professionals to understand mental health and provide support and access to appropriate services.	Sponsor Family to Family Mental Health Series	YH volunteer continues to hold series remotely; well attended	In progress
	Coordinate Mental Health First Aid and related Teen Mental Health First Aid trainings with Sweetser and NAMI for communities, parents and schools.	CTBH provided two Mental Health First Aid trainings for community members both well attended; one focused on Berwick area	Completed for 2021/2022 school year
	Hold monthly parenting sessions on mental health and youth substance use prevention.	Community Health held monthly Strengthening Families Zoom session as part of collaboration with York County organization, Kids Free to Grow	Completed for 2022/2023
	Coordinate Youth Mental Health and SUD Summit	Community Health Team and community partners including NAMI Maine	For Winter 23/24

Priority Health Issue: Substance Use and Misuse

1. Increase substance use disorder prevention, intervention and addiction services for those at highest risk including youth, young adults and underserved/uninsured.			
Strategy	Activities	Progress Notes	Completed/On Hold/In Progress
Increase capacity to provide medication assisted treatment through the YH Recovery Center.	Encourage more providers to administer medication assisted treatment. Write for funding through state and federal grants to hire and train staff.	Acquired Congressional Funds \$155,000 for Recovery Center to add coaches, counseling time and transportation	In progress
Support Community Health in preventing youth substance use disorders and promoting good mental health with evidence based strategies.	Support local community health coalition, CTBH and new coalition Youth Resiliency Coalition – both housed and staffed through YH Community Health	Community Health written 4 grants for prevention and staff; received new state funding for prevention as of Jan 23, and federal funding for new coalition as of 10/22	Completed
		Community Health to write proposal for county wide behavioral health supports in youth substance use prevention	In progress
Provide regular community education	Hold YH Lunch n Learns on topics related to substance use and misuse.	Community Health and Recovery Center held	In progress

		remote Opioid Round Table Discussions in March and January	
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Priority Health Issue: Access to Care

2. Increase and Improve Access to Care			
Strategy	Activities	Progress Notes	Completed/On Hold/In Progress
Increase proportion of patients with a usual primary care provider.	Create system for follow up appointments with a PCP after all specialty or emergency care visits.	<p>Increase PCP patient visit volume:</p> <ul style="list-style-type: none"> • 16 patients per day for physicians <p><u>Summary Actions</u></p> <p><i>Nurse access to schedule to ID unapproved blocks</i></p> <p><i>Finalize “idle” time report</i></p> <p><i>Analyze no show rates through eCW report</i></p> <p><i>Create no show rate strategy</i></p>	In Progress
Increase proportion of patients with online access to electronic medical records and appointment information.	Assess barriers to accessing electronic portal at YH.	There has been work on educating patients on using the portal and assessing issues with it.	In Progress
Increase proportion of patients that receive evidence based preventive care.	Initiate system of follow up education to all screenings including behavioral health.	YH Leaders (Dr. Pike and Erich Fogg) collaborating with new partnership helping seacoast communities.	In Progress

Green indicates new strategy or activity.

		https://www.mainspringcollective.org/	
	Hold Social Services Summit	New CHNA Team created (Dr. Patrick Taylor, CEO; Robin LaBonte, CFO; Dr. Tim Pike, Erich Fogg Sally Manninen and Charity Neal) Team to coordinate second Social Services Summit.	By end of 2023

Green indicates new strategy or activity.