

# York Hospital Community Health Needs Assessment, Executive Summary, And Implementation Plan 2025-2027

York Hospital and community partners completed the local Community Health Needs Assessment in December 2024 to inform community health efforts for the coming three years. During this process, community members of southern York County, York Hospital staff, and the Community Health Coalition Advisory Committee helped identify three priority health issues of concern in the local service area:

1. **Mental Health**
2. **Substance Misuse**
3. **Cardiovascular Care**

These priorities were chosen through a process that examined data from state and county sources as well as local data including an online York Hospital Community Themes and Strengths Survey, The York County Health Profile and York County Maine Integrated Youth Health Survey, 2023.



Runners at the start of the York Hospital 5K, June 2024  
in support of health and the new cardiac cath lab

In choosing those priorities, the following criteria was considered:

- **Data** showing significant problem(s) compared to the past and/or to the state numbers;
- **Gaps** in existing services and efforts; and
- **Concern** for issue demonstrated by community members and collaborating partners.

This draft Implementation Plan will be reviewed and revised in January-April with an action plan(s) to be developed using the following criteria:

- Capacity to implement (resources, training, people);
- Staff and community member involvement;
- Potential for sustainability;
- Reach and evidence for strategies;
- Ability to address disparities; and,
- Needs identified by community.



York Hospital President & CEO Dr. Patrick Taylor and community  
members view plans for new cardiac services.



York Hospital thanks its community partners, the members of the Choose to Be Healthy and Youth Resiliency Coalitions and the Community Health Team, for helping to engage diverse stakeholders in the assessment process and in compiling this report. Community Health Director, Sally Manninen, coordinated the CHNA process and compiled the information with guidance and input from Pam Poulin, Chief Nursing Officer; Executive Director; Dr. Patrick

Taylor, York Hospital President & CEO; Erich Fogg, PA Director of Wound Care; Eric Haram, Director of Recovery Services; Rich Perrotti, VP and Chief Administrator of Provider Practices; Sherry Wallingford, MPH and Mental Health Practice Manager; and, Robin LaBonte, Chief Financial Officer. Special thanks to Hilary Leonhard of Philanthropy; Kate Ford, Volunteers, Student Experiences and the Bridges Programs and Rene Koccev of Healthcare Help for providing much needed updates and data. Thank you to the YH Futures Committee for reviewing this plan.

By May of 2025, YH staff and partners will create an Implementation Plan 2025-2027 to help address these health issues and provide meaningful community health benefits. This report, any updates and plans will continue to be posted at <https://www.yorkhospital.com/990-chna/>. For more information on this report, process, plan or to share your feedback, contact Sally Manninen, Community Health Director at (207)351-2655 or [smanninen@yorkhospital.com](mailto:smanninen@yorkhospital.com).

# York Hospital Implementation Plan 2025-2027

(Approved by YH Board May 29, 2025)

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## Priority Health Issue: Mental Health

<b>1. Increase access to mental health services and supports in Southern York County.</b>	
<b>Strategy</b>	<b>Activities</b>
Increase access to mental health services, especially helping youth and young adults.	Research collaboration and options for increasing access to mental health services.
Build capacity of families and other caring adults to understand mental health and provide support and referral to appropriate services.	Community Health to collaborate with YCCC and NAMI Maine to provide bi-annual Mental Health First Aid and related Teen Mental Health First Aid trainings for communities, families and schools.
Increase capacity of Community Health Staff to support youth mental health.	Community Health staff to pursue education and certification for mental health training.

## Priority Health Issue: Substance Use and Misuse

<b>2. Increase substance use disorder prevention, intervention and addiction services for those at higher risk including LGBTQ+ youth, young adults and single parent families.</b>	
<b>Strategy</b>	<b>Activities</b>
Increase capacity to provide treatment for youth and young adults.	Community Health to collaborate with York County Community College to recruit interns and new hires from their Behavioral Health Program.
	Continue to sustain the Recovery Center services.
Support substance use prevention and promote good mental health for youth.	Continue to provide in-kind support to Choose to Be Healthy And Youth Resiliency Coalitions through Community Health Department.

**Priority Health Issue: Cardiovascular Diseases**

<b>3. Increase and Improve Access to Care</b>	
<b>Strategy</b>	<b>Activities</b>
Increase proportion of patients that receive evidence based preventive care.	Initiate system of follow up education to all screenings.
Educate communities on preventive measures and treatment options	Collaborate with local social service providers to engage hard to reach populations