

York Hospital Implementation Plan 2025-2027

Priority Health Issue: Mental Health

Increase access to mental health services and supports in Southern York County.			
Strategy	Activities	Notes	Hold/In Progress
Increase access to mental health services, especially helping youth and young adults.	Research collaboration and options for increasing access to mental health services.	Psychiatry Associates interested in more telehealth options; Psych Pediatric NP hired; 50% telehealth	In Progress
Build capacity of families and other caring adults to understand mental health and provide support and referral to appropriate services.	Community Health to collaborate with YCCC and NAMI Maine to provide bi-annual Mental Health First Aid and related Teen Mental Health First Aid trainings for communities, families and schools.	Nine classes completed YCCC Class taught by staff; YMHFA taught by staff for schools, community, library Staff collaborating with school counselors to provide interventions for youth	In Progress In Progress
Increase capacity of Community Health Staff to support youth mental health.	Community Health staff to pursue education and certification for mental health training.	Staff trained in youth, adult and elder MHFA	Completed

Priority Health Issue: Substance Use and Misuse

Increase substance use disorder prevention, intervention and addiction services for those at higher risk including LGBTQ+ youth, young adults and single parent families.			
Strategy	Activities	Notes	On Hold/In Progress
Increase capacity to provide treatment for youth and young adults.	Community Health to collaborate with York County Community College to recruit interns and new hires from their Behavioral Health Program.	Helped recruit YCCC intern for Kittery Schools	On hold
	Continue to sustain the Recovery Center services.	Two staff, MAT looking to build staff capacity with nurses; Rich Perotti, Dr. Munroe, Eric Haram working on new model	In progress
Support substance use prevention and promote good mental health for youth.	York Hospital/MaineHealth Continue to provide in-kind support to Choose to Be Healthy And Youth Resiliency Coalitions through Community Health Department and MPN grants.	Federal grants scheduled to end in July 2026 and Sept 2027. Continue to use Maine Prevention Network funding under new ownership.	In progress

Priority Health Issue: Cardiovascular Diseases

Increase and Improve Access to Care			
Strategy	Activities	Notes	In Progress
Increase YH capacity to provide evidence based care.	Raise funds for new Cath Lab.	Mass communications to educate population on new Cath Lab: need and use.	Completed
Educate communities on preventive measures and treatment options	Create opportunities to provide preventive education and treatment options	Health Fairs; talks at local agencies, orgs	In Progress
	Collaborate with community organizations to engage hard to reach populations	New vascular surgeons' presentations at York Public Library	In Progress

ⁱ Team reviewed in November 2025. Team included Sally Manninen, Community Health; Pam Poulin; Chief Nursing Officer; Dave Hall, Chief Philanthropy Officer; Rich Perotti, Chief Admin of Providers; Robin LaBonte, Chief Financial Officer. Progress notes updated in May, 2026