

For Parents and Babies — Newborns to Steady Sitters!

Learn to Move . . . Move to Learn!

*A supportive play group
for babies and their parents
to learn, play, and share,
guided by York Hospital's
Pediatric Therapy team.*



Tuesdays, 1p – 2:15p

York Hospital's Living Well Center
127 Long Sands Road, York, ME

FREE for current therapy patients.
\$15 per class or \$80 for six classes.

For more information or to register,
please contact Dr. Karen Bensley, PT, DPT, MS, PCS
at (207) 384-7260 or kbensley@yorkhospital.com.



LOVING & KINDNESS

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